

All Ireland Breastfeeding Conference

“Communication: Not Just Talking The Talk”

Friday 28th & Saturday 29th September 2018, Glenroyal Hotel, Co. Kildare.

Friday 28th September		Saturday 29th September	
8.30 – 9.00	Registration, Refreshments, Networking, Stand Viewing	8.30 – 9.00	Registration, Refreshments, Networking, Stand Viewing
9.00-9.15	Opening address with Jen Hogan, Irish Times Journalist, Author and Blogger.	9.00-9.15	Welcome including Scholarship Competition Presentation
9.15-10.30	Talk It Up: Building Connections With Clients And Colleagues Cathy Carothers BLA IBCLC RLC FILCA	9.15-10.15	Supporting Breastfeeding When Returning To Work Cathy Carothers BLA IBCLC RLC FILCA
10.30-11.15	Supporting Breastfeeding Families In Dublin North By The PHN Service Vivienne Goodwin, Siobhan Bruton and Deirdre Flynn (North County Dublin PHNs)	10.15-10.45	Networking coffee break
		10.45-11.00	Breastfeeding Nugget – Hands Off
		11.00-12.30	Breast Care And Lactation After Loss. Supporting The Bereaved Mother Joanne Deering, Julie Edwards and Denise McGuinness
11.15-11.45	Networking coffee break	12.30-1.15	High Five For A Positive Start Cathy Carothers BLA IBCLC RLC FILCA
11.45-12.45	Acupuncture And Low Milk Supply Clodagh Read, Acupuncturist	1.15-2.30	Table topic discussion lunch
12.45-2.15	Table topic discussion lunch including poster presentations	2.30-3.15	Perinatal Mental Health And The Importance Of Peer Support Elizabeth Quinn IBCLC
2.15-3.05	Workshop Session 1 (Choose one). 1. Processing Challenging Emotions In Private Practice (Meabh-Anne IBCLC) 2. Structural Issues In Babies And Breastfeeding (Caoimhe Whelan IBCLC) 3. Counselling In Tough Situations (Cathy Carothers IBCLC) 4. The Non Latching Baby – Causes And Solutions (Lorraine O’Hagan IBCLC)	3.15-4.00	Brain, Biome And Breasts – Looking Into The Future Sue Jameson IBCLC
		4.00-4.15	Closing remarks
		7.75 L and 2 E IBLCE CERPs. and NMBI Approved. Conference includes a Poster Competition (see online). Planning to become an IBCLC in 2019 or 2020 or re-certify? Apply for the ALCI Scholarship! (Details online) Babies in arms are welcome at conference sessions. Please be attentive to your baby’s needs and the needs of others and take your baby out of the conference room if your baby needs your attention. Photos will be taken throughout the day for use on social media. If you do not wish to be featured in a photo please discuss this with the Administrator. A full refund will be given if cancellation occurs at least 72 hours before the start of the event. Places can be transferred to another individual if the change occurs at least 24 hours before the start of the event.	
3.05-3.55	Workshop Session 2 (Choose one). 1. Counselling In Tough Situations (Cathy Carothers IBCLC) 2. The Non Latching Baby – Causes And Solutions (Lorraine O’Hagan IBCLC) 3. Managing Nipple Trauma (Denise McGuinness IBCLC) 4. Structural Issues In Babies And Breastfeeding (Caoimhe Whelan IBCLC)		
4.00-4.15	Closing including Poster Competition Presentation.		