



ALCI Association of Lactation  
Consultants in Ireland

# All Ireland Breastfeeding Conference

## *"It's All About The Hormones"*

Friday 29th & Saturday 30th September 2017, Radisson Blue Hotel, Limerick.

### Friday 29th September

8.30 – 9.00	Registration, Refreshments, Networking, Stand Viewing
9.00-9.15	ALCI President's Welcome
9.15-10.30	Lisa Marasco IBCLC <b>"The Making Of A Milk Factory"</b>
10.30-11.15	Nicola O'Byrne RGN RCN, Cert NICU, IBCLC <b>"Tiny Warriors - Establishing Breastfeeding in Preterm Infants"</b>
11.15-11.45	Networking coffee break
11.45-1.00	Lisa Marasco IBCLC <b>"Is It Her Hormones? Hormonal Imbalances And Insufficient Milk Supply"</b>
1.00-2.15	Networking lunch including poster presentations
2.15-3.05	Workshop Session 1 (choose one). <b>Private Practice and Avoiding The Pitfalls</b> with Sue Jameson IBCLC <i>OR</i> <b>Lesser Known And Novel Ideas to Increase Milk Supply</b> with Lisa Marasco IBCLC
3.05-3.55	Workshop Session 2 (choose one). <b>Private Practice and Avoiding The Pitfalls</b> with Sue Jameson IBCLC <i>OR</i> <b>Lesser Known And Novel Ideas to Increase Milk Supply</b> with Lisa Marasco IBCLC <i>OR</i> <b>Becoming an IBCLC</b> with Caoimhe Whelan IBCLC
4.00-4.15	Closing including Poster Competition presentation

### Saturday 30th September

8.30 – 9.00	Registration, Refreshments, Networking, Stand Viewing
9.00-9.15	Welcome including Scholarship Competition Presentation
9.15-10.15	Lisa Marasco IBCLC <b>"Deciphering The Lactation Curve: Lessons On Breastfeeding Physics From The Dairy Industry"</b>
10.15-10.45	Coffee break
10.45-11.00	Breastfeeding Nugget 1 – Newsletter Editors Case Studies request
11.00-12.15	Margaret Murphy Doctoral Candidate, MSc, BSc, PGDip in Teaching and Learning, RM, RGN, IBCLC <b>"Pregnancy After Loss: The Role Of The IBCLC In Supporting Couples And Families"</b>
12.15-1.00	Clíodhna O'Sullivan RGN, RM, Clinical Skills Facilitator, BSc, MSc <b>"Woman Centred Approach To Caesarean Births"</b>
1.00-2.15	Networking lunch
2.15-2.30	Breastfeeding Nugget 2 – Regina Keogh IBCLC <b>"Flange Sizes"</b>
2.30-3.00	Mary Toole and Meena Purshotham <b>"Implementation Of Lactation Risk Assessment In A Tertiary Referral Centre"</b>
3.00-4.00	Lisa Marasco IBCLC <b>"Results Of A Cochrane Review On Galactagogues"</b>
4.00-4.15	Closing remarks

10 IBLCE CERPs and NMBI Approval has been applied for.

The Conference includes a [Poster Competition \(see online\)](#).

Planning to become an IBCLC in 2018 or 2019? Why not apply for the [ALCI Scholarship? \(Details online\)](#).

**Babies** in arms are welcome at conference sessions. Please be attentive to your baby's needs and the needs of others and take your baby out of the conference room if your baby needs your attention.